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Colloquium 'Art meets Medicine'

Title: *Triple module of vibrational therapy practice through music*

This research is a possible ***vibrational theory and energetic practice*** that put in communion my experience as a professional musician (composer, performer and teacher), with my spiritual knowledge and initiations received over the years, connected to various types of traditions of the world.

Some important premises:

- The Human being is the only being capable of *self-conscience*.
- As humans, we can choose to “understand the Universe, in terms of energy, frequencies and vibration” (Tesla).
- Our human being is a multidimensional one, with an energetic subtitle aspect as well as the material one, in connection with nature and the cosmos.
- If we agree that the Universe has its *own sound*, as a merged sound of all His parts (One / Multiple ratio), we accept that the humans are physiologically limited by the common senses that detect only a small fraction of the Universe vibrational spectrum, although the vast cosmic forces are capable of profound changes in being, on many levels (physical, etheric, emotional, and spiritual).
- If we consider that “Everything is vibration” we “need a central reference system.” (S. Celibidache)

Known as vibration of a source that can transgress any environment, the *sound oscillation* was a starting point for all musical (tuning) systems created by mankind over time, beginning with the *Pythagorean* and later the *modal*, then the *tonal*, the *temperate*, even the *atonal* and obviously the *spectral*.

Within the *Quadrivium* (the four fundamental intellectual disciplines of antiquity - *Harmony, Mathematics, Geometry* and *Astronomy*), the Greeks have studied *the common law of octave*, considered as a *cosmic law* - which connects the periodicities of different natural phenomena, such as *planetary orbits, musical tones or metrics* and *color spectrum*.

Analyzing different aspects of musical frequencies, as a possible way of modeling vibrational factor in our subtle body fields, I have imagined *three modules of vibrational therapy / practice through music*, named:

- 1. *Complex Dynamic Meditation***
- 2. *Tao-Yoga Master Gong***
- 3. *The Meditations of Alignment to the Annual Planetary Cycles***

All of them have different targets and characteristics which proposes a possible training of consciousness in process of healing/recuperation/reflection and initiation to the spiritual order, for those that understand the benefits of such a practice.